

States and Capitals by Region

Cover the capitals with a sheet of paper to quiz yourself.

Northeast

Connecticut	Hartford
Delaware	Dover
Maine	Augusta
Maryland	Annapolis
Massachusetts	Boston
New Hampshire	Concord
New Jersey	Trenton
New York	Albany
Pennsylvania	Harrisburg
Rhode Island	Providence
Vermont	Montpelier

Southwest

Arizona	Phoenix
New Mexico	Santa Fe
Oklahoma	Oklahoma City
Texas	Austin

Southeast

Alabama	Montgomery
Arkansas	Little Rock
Florida	Tallahassee
Georgia	Atlanta
Kentucky	Frankfort
Louisiana	Baton Rouge
Mississippi	Jackson
North Carolina	Raleigh
South Carolina	Columbia
Tennessee	Nashville
Virginia	Richmond
West Virginia	Charleston

Midwest

Illinois	Springfield
Indiana	Indianapolis
Iowa	Des Moines
Kansas	Topeka
Michigan	Lansing
Minnesota	Saint Paul
Missouri	Jefferson City
Nebraska	Lincoln
North Dakota	Bismarck
Ohio	Columbus
South Dakota	Pierre
Wisconsin	Madison

West

Alaska	Juneau
California	Sacramento
Colorado	Denver
Hawaii	Honolulu
Idaho	Boise
Montana	Helena
Nevada	Carson City
Oregon	Salem
Utah	Salt Lake City
Washington	Olympia
Wyoming	Cheyenne

Watch out

The capital is often not the best-known city.

New York: Albany, not New York City

Illinois: Springfield, not Chicago

Texas: Austin, not Houston

Washington: Olympia, not Seattle

California: Sacramento, not Los Angeles

Florida: Tallahassee, not Miami

Pennsylvania: Harrisburg, not Philadelphia

Nevada: Carson City, not Las Vegas