

6th-8th Grade World Geography — Activity Guide

A middle-school world geography pack. Continents, countries, capitals, and physical systems at a more rigorous level.

What's in this pack

- Blank World Map
- Continent maps for all 5 inhabited continents (blank + labeled)
- This activity guide PDF
- Note: Country-by-country detail is best paired with an atlas reference; we recommend the National Geographic Kids Almanac.

Suggested 8-week sequence (one continent per week, plus closing weeks)

Week 1 — North America

Label all 23 countries on the North America blank map. Identify capitals for the 10 most populous. Discuss the cultural and historical divide between Anglo-America and Latin America.

Week 2 — South America

Label all 12 countries. Memorize the 4 largest by area (Brazil, Argentina, Peru, Colombia) and their capitals. Identify the Andes, the Amazon, and Patagonia.

Week 3 — Europe

Label all 44+ countries (this is the hardest continent). Group by region: Western, Northern, Southern, Eastern, Central. Memorize 20 capitals. Identify the Alps, the Mediterranean, the Baltic.

Week 4 — Africa

Label all 54 countries. Discuss the colonial-era borders and the disconnect between political and ethnic boundaries. Memorize 10 capitals. Identify the Sahara, the Nile, Lake Victoria, and the Great Rift Valley.

Week 5 — Asia

Asia is too big for one week — focus on the 15 most populous countries and their capitals. Identify the Himalayas, the Ganges, the Yangtze, the Mekong, the Tigris-Euphrates.

Week 6 — Oceania

Label Australia, New Zealand, Papua New Guinea, and the Pacific island nations. Discuss the difference between Polynesia, Melanesia, and Micronesia.

Week 7 — Physical systems

On the world map, label the 7 continents, 5 oceans, the equator, the prime meridian, the tropics of Cancer and Capricorn, and the Arctic and Antarctic Circles. Discuss latitude, longitude, and time zones.

Week 8 — Final assessment

Closed-book test: blank world map. Label 7 continents, 5 oceans, 30 countries (your choice from across the continents), and 5 major mountain ranges or rivers. Score and identify gaps.

Standards alignment

This pack aligns with **Common Core ELA Reading: Informational Text** at the 6-8 grade band and supports most state standards for middle-school World Geography or Global Studies courses.