

How a Day Runs

About 30 to 45 minutes, five days a week

Each week has one page, with a short note on how to teach the week's sounds and math. Down the side are the five parts of the day; across the top are Days 1 to 5. Each box names a pack and a page. Tick the box when it is done. A day does not have to be a weekday: if life gets in the way, the next day picks up where you stopped.

Sound game

5 min

One game from the Daily Sound Games page for the week. Out loud, no paper. Do it first, or in the car.

Letters and sounds

10 min

Letter of the Week (weeks 1 to 26), then Word Work: the sounds the week's books use. Some days add a Sound Skills sheet or a packet review sheet.

Sight words

5 min

A new word is read on Day 1 and written on Day 3. On the other days, play with the flashcards at the back of the Sight Words pack.

Reading

5 to 10 min

Read aloud to your child every day. From week 6, your child reads a decodable book: scan the QR code on the week's page. From week 12, one-page reading stories too.

Writing

5 to 10 min

First pencil strokes, then Draw and Write: draw a picture, then trace, finish or write a sentence. The level of the writing grows through the year.

Math

10 to 15 min

The month's packet math, in the order the skills are taught, and the Handwriting Workbook numbers. Day 5 is often a quick game with real things.

Tips

- The easy way: open the month's Print-and-Go file and print one week. It has the week page, the sound games and every sheet in day order. Keep them in a binder.
- Read every direction to your child: it is one short sentence at the top of each sheet. Kindergartners are not expected to read directions.
- Short and happy beats long and tired. If a sheet is a struggle, stop, and try it again in a few days.
- The extra practice line on each week lists more pages for the same skills, for a child who wants more or needs another go.

Week 1

September • Letter Ss • New sight word: I

This week

Rhyming; hearing first sounds

Say two words. Ask: do they rhyme? Then show s and say its sound together, a long snake hiss.

Math

Counting to 5; same and different; above, below

Count real things to 5, touching each one once. Ask: are these the same or different?

	Day 1	Day 2	Day 3	Day 4	Day 5
Letters and sounds	☐ Letter Week p. 147 trace the letter	☐ Letter Week p. 149 does it start with it?	☐ Sound Skills p. 81 rhyming	☐ Letter Week p. 150 find the letter	☐ Sound Skills p. 82 rhyming
Sight words	☐ Sight Words p. 5 read "I"	☐ flashcards, no sheet	☐ Sight Words p. 6 write "I"	☐ flashcards, no sheet	☐ flashcards, no sheet
Reading	☐ read aloud together	☐ read aloud together	☐ read aloud together	☐ read aloud together	☐ read aloud together
Writing	☐ Handwriting p. 8 first strokes	☐ Sep Packet p. 35 my september calendar	☐ Handwriting p. 9 first strokes	☐ Sep Packet p. 36 trace the path	☐ Handwriting p. 10 first strokes
Math	☐ Sep Packet p. 3 count the apples	☐ Sep Packet p. 18 same and different	☐ Sep Packet p. 15 above and below	☐ Sep Packet p. 4 color that many	☐ Count 5 steps out loud

Sound games

One game a day from the Week 1 page of Daily Sound Games (page 2). Out loud, about 5 minutes.

Also for this letter

Handwriting Workbook p. 50 (tracing practice)

Reading

Read aloud for 10 minutes a day: any picture book. Point to the words as you read. The first decodable books start in week 6, once your child knows s, a, t, p, i and n.

Extra practice Letter of the Week p. 148, 151, 152, 153, 154; Sound Skills p. 21, 105; September Packet p. 19, 20, 21, 22